



Alba Nadal

Classical and neoclassical freelance dancer and ballet teacher at PAR (Programa d'Alt Rendiment) in Terrassa.

Birthplace: Zaragoza, Spain

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Studies and Training:

- Olga Roig Ballet School, in Manresa (1987-1994)
- Institut del Teatre, in Barcelona (1995-1997)
- Victor Ullate's School in Madrid (1998-2002)
- Graduated at the Royal Ballet School (third Year Upper School), London (2003-2004)

Studies and university education:

- ✓ Higher education degree at the Cervantes Institute in Madrid.
- ✓ Studied "Humanities" at UOC (Open University of Catalonia)
- ✓ Currently, studying "Psychology" as well at UOC.
- ✓ 200H Yoga and Meditation Teacher.

Professional Career:

- Danced 14 seasons with the Royal Danish Ballet (Denmark).

- Soloist at the Badisches Staatstheater Karlsruhe (Germany) under the leadership of Bridget Breiner (2019-2024).

*Among the soloist roles in the **ballet repertoire**, are included:*

- **Dark Angel** in Serenade (George Balanchine)
- **Cook and Flower/Card soloist** in Alice in Wonderland (C.Wheeldon)
- **Gipsy Queen** in Don Quixote
- **White lady** in Etudes
- **Birthe** and **Pas a sept** in Folk Tale (A.Bournonville)
- **Pas de six** and **Giovanina** in Napoli, **Pas de trois** in La Ventana, **Flower Festival in Genzano**, and « **La Neva** » **solo** (Bournonville).
- **Russian Dance, Spanish Dance**, and **pas de quatre** in Swan Lake (P. Martins)
- **Fairy** in Sleeping Beauty (C. Wheeldon)
- **Kurtisane** in Manon (MacMillan)
- **Pas d'action** in La Bayadere
- **Midsummer Night Dream** of J. Neumeier.
- **Soloist flower and Spanish solo couple** in **Nutcracker** (G.Balanchine).
- **Kaliope** in Apollo (G. Balanchine)
- **First pas de trois** in Agon (G. Balanchine).
- **Lavinia** in Romeo and Juliet (J. Neumeier).





Among the neoclassical/modern roles, are included:

- **Vertical Road** by Akram Khan
- **Pas de 5 and Myrtha (Giselle). Million Kisses to my skin** by David Dawson
- **Always/Only, Petit Poème, Unfolding, when the sun is down, Ave Maria, Your Place or Mine?, Glimmer, "Die Kunst der Fuge"** by Kevin O'Day
- **Mother in Ruß (a Cinderella story), Viola (Was Ihr Wollt), Cut the world, Soloist in "Blessed Unrest" and the "Cook" in Nutcracker** by Bridget Breiner
- **Viola (Was Ihr Wollt)** by Bridget Breiner
- **Ruff Celts** by Marguerite Donlon
- **Firebird** by Jeroen Verbruggen
- **Voluntaries** by Glen Tetley
- **Duet of a Point of Clarity** by Iratxe Ansa and Igor Bacovich
- **Know** by Idan Sharabi
- **Wool over eyes, Unravel, Coping and Fracture** by Kristian Lever
- **Infra and Chroma** by Wayne McGregor
- **Parent** in the **The Death that best preserves** by Natalia Horecna
- **Impenetrable Song** by Patrick Delcroix
- **Forest Queen in "Beginning and Ending"** by Oliver Marcus Starpov
- **Viscera** and **Spar Dame** by Liam Scarlett
- **Strangers** by Sebastian Kloborg
- **A Naked Feeling** by Stefanos Bizas
- **In Life & Love & So** on a choreographic Concert by Tilman O'Donnell
- **Cacti** by Alexander Ekman
- **København** and **Carmen** by Marcos Morau

- **Clocks'n'Clouds** by Fernando Hernando Magadan
- **Beside Myself** by Caroline Finn-Fischer
- **Lost on Slow** by Jorma Elo
- **Prelude and Fugue** (A. Marriott)
- **Eidolon** of Kim Brandstrup
- **Air** of Jø Stromgren
- **2nd Symphony Schumman** by Uwe Scholz
- **Maria Magdalena** in Requiem and **Nomade** by Tim Rushton
- **27'52", Falling Angels, Symphony of Psalms, Petit Mort, Polonaise** and **Bella Figura** by J.Kylián
- **Witness** of Alvin Ailey
- **Slim** in Come Fly Away by Twyla Tharp
- **Anita** in West Side Story by J. Robbins
- **Minus 7** by Ohad Naharin
- **Collaborations with Kammerballetten**
- **Collaborations with Cross Connection**
- **IBSTAGE Gala (2017)**
- **Yearly collaborations in the Benefit Cancer Gala of "Girona en Moviment" since 2018**

Awards:

- ✓ Reumert nomination as "Best Dancer" in Denmark 2017 for "A Naked Feeling" by Stefanos Bizas from Danish Dance Theatre and "Beginning and Ending" by Oliver Starpov for the role of Forest Queen, The Royal Danish Theatre.
- ✓ Annie and Otto Johs. Detlefs Foundation Grant for "Artistic development" (2018)
- ✓ Alberts Gaubiers og Poul Waldorffs Foundation Grant (2017)
- ✓ Received the honors of "Pregonera Jove" 2019 of Sant Fruitós de Bages.

Productions:

Together with David Rodriguez, Luke Prunty, Elisenda Duocastella and Manel Camp, she produces her first full length production: Casa d'àngels, inspired by the Catalan author Mercè Rodoreda and premiered in December 2022 at Teatre Kursaal in Manresa.

<https://www.youtube.com/watch?v=6AJY3CJNAA8> (trailer)

Together with Kevin O'Day, she produces and dances her second full length production, "This could get complicated" premiered on 5th June 2024 at Badisches Staatstheater Karlsruhe.

<https://www.dropbox.com/scl/fi/2tql7h1f0e3vwds0eeub6/REELS-3.mp4?rlkey=fvj4uovmexg061z8c2valynq7&dl=0>

Teaching Courses:

- Summer intensive in CDC (2019). Dance Center lead by Roser Muñoz and Joan Boix.
- Several Summer and Winter Intensives in former Olga Roig Ballet School in Manresa.
- Teacher, dancer and choreographer for Oklahoma International Dance Festival (Summer 2024).

Media Links:

Nikiya Death Variation:

<https://www.youtube.com/watch?v=IS93m7KS6LE>

27'52" Purple Duet (by J.Kylián)

<https://www.youtube.com/watch?v=a3baS-hn9Rw>

Duet "A Naked Feeling" de Stefanos Bizas:

<https://www.youtube.com/watch?v=t7zHaKunTDw>

Spanish Dance in Swan Lake (Nikolaj Hübbe/Silja Schandorff version):

<https://www.youtube.com/watch?v=hvziI3Z5oqM>

Reumert nomination as "Best Dancer" in Denmark 2017 for "A Naked Feeling" by Stefanos Bizas and "Beginning and Ending" by Oliver Starpov for the role of Forest Queen.

https://www.youtube.com/watch?v=8DsR_Dx3eS8

Vancouver Project Collaborator/Belle Spirale Dance Projects :

<https://www.dropbox.com/scl/fi/j2wa75pyuc7x4ipur0g7k/Sequence-2023.mp4?rlkey=518ybw2syu2pzsbf203lknb5&dl=0>